



MUSTANG METRO



Serving North Nodaway R-VI School District

September 2006

HOPKINS & PICKERING

Volume 3, Issue 7

How the West was won!

By Emily Murphy and Elizabeth Cossins

How the West was won was the theme for this year's homecoming. The dress up days for spirit week were Monday - Pajama day, Tuesday - Western day, Thursday - Crazy Hair and Clothing day, and Friday was the traditional Blue and White day. The winners of spirit week were Megan Frueh for the high school, Joseph Frueh won for the middle school, and Mr. Thompson won spirit week for the teachers.

Homecoming week is always full of activities. On Tuesday, students painted the streets and decorated the windows of the high school. Then on Thursday the students were allowed time to practice their skits for the pep rally. On Friday, the students worked on their floats during the morning hours. Then after lunch the entire student body marched to the football field, led by the Mus-

tang Marching Band for the traditional homecoming pep rally.

The pep rally began with the freshman skit. Members of the Trojans and the Mustangs had a draw to see who would win the game. Both sides pulled out a pencil and paper and drew pictures to determine the winner.

Following was the sophomore skit. Two mustang Indians tracked the Trojans cowboys. An entire tribe of Mustang Indians swarmed the field to overtake the Trojan cowboys.

The Junior skit followed with a she-male fashion show. Always arriving in style, football players Justin Markley and Jacob Greeley drove right on to the field in Ms. Wilmes' jeep!!

The last skit was the seniors, whose skit was a dance off entitled "National Star". The Mustangs boys showed their moves...in dresses! The boys were a sight to behold.

The winners of the skit and float were announced after the cheerleaders finished entertaining the crowd. Naturally, the "dressed" up seniors took away the win! The sopho-



Seventh Grader Travis Hicks dances during the 7th grade skit.



Jace Randle, Doug McKee, and Andrew Wermelskirchen show off their dance moves and women's fashion for the senior homecoming skit.



Above: Juniors Quent Blackford, Jacob Greeley, Justin Markley, and Ben McIntyre show of their fashion sense in women's clothing.

Below: The Mustang Student Body marches to the football field on Homecoming day led by the Mustang Marching Band





mores were deemed the winners of the float competition with their rendition of an old-west Mustang fort.

In This Issue

Quotes	2
1st Grade	2
4th Grade	2
NN Prof. Development.....	3
MS Science.....	3
Sports	4 & 5
HS English.....	6
Homecoming Royalty.....	6
MS/HS FCCLA	7
Menus	8

Favorite Halloween Costumes...Ever!!

- Shia Diale, '20- "Clown" 
- Alyssa Applen '20- "Cinderella"
- Treyton Farley, '19 - "The Avatar"
- Kristin Herndon, '19 - "Unicorn"
- Shelbi Owens, '17 - "Scary Bride"
- Peyton Coleman, '17 - "Ninja" 
- Dustin Rowen, '16 - "A Girl"
- Logan Steve, '16 - "Grim Reaper"
- Kammi Frueh, '15 - "Elephant"
- Cameron Morrison, '15 - "Vampire"
- Christina Roberts, '13 - "M&M because it was my favorite candy"
- Bryson Allen, '13 - "Cowboy, since I used to act and dress like one."
- Travis Hicks, '12 - "Hobo, because it was fun, and I got a lot of candy"
- Logan Frueh, '12 - "Skull, because it was scary"
- Tanisha King, '11 - "Angel, I like how they look and I collect figurines"
- Paige Baker, '11 - "Hershey Kiss. That's the only costume I remember and everybody said I was cute"
- Jason DeMott, '10 - "Dora, the Explorer was my favorite costume. I always used to watch her."
- Cody Bix, '10 - "Oscar, so I could be grumpy for a day."
- Brandi Glidden, '09 - "Red M&M and my mom stuffed my costume with newspapers to make me look round."
- Chyler Hoepker, '09 - "Barbie, because I wanted to look like a hot chick."
- Jacob Greeley, '08 - "Ballerina, because nobody looks better in a tutu."
- Quent Blackford, '08 - "Cinderella, because I'm a slipper away from beautiful."
- Brooke Florea, '07 - "Hunter, because it was fun and nobody could see me."
- Josh Ogle, '07 - "I was a '49ers football player, they were good back then."
- Mr. Ingraham - "Snoopy, he was so loveable."

1st Graders and the "H" Brothers

by: Kayla Young

The first graders have been very active this year. As a class, they've been making Halloween projects. So far they've made ghosts, cats, and bats. The class has really seemed to enjoy the projects they have made.

While the students are having fun, they are learning too. Recently, the students have been studying The Multiplication Table. They've been learning the double facts, such as two times two equals four.

Mrs. Danielle Johnson has also taught them vowel sounds and they're doing an activity called "Vowel Town."

The first graders have another activity they're participating in called

the "H Brothers." The "H Brothers" are th, ch, wh, and sh. This helps them to memorize th material.

Mrs. Johnson asked her students what are their easiest and hardest subjects. Brittney Bringus replied, "Our easiest subject is learning our alphabet sounds because I don't have to have help." When asked what the hardest subject is, Cole Bird stated, "Memorizing our Vowel Town sounds and spelling correctly is the hardest subject because sometimes I mess up because I go to fast."

As you can tell, the first graders have been hard at work so far. They will continue to learn and have fun this year.

First graders take time to use the computers for some interactive learning.



4th Grade Chomps Better Answer Sandwich

by: Mrs. Becky Ferris

In Writing we are working on writing better answers. Ask a fourth grader about the "Answer Sandwich". I have seen great improvements in the children's answer writing. This is a school wide goal and our class has been used as an example of good performance. Yeah fourth grade!

In Math we are working on writing story problems. We are also using multiplication with increased frequency. We are also perfecting our use of making circles with compasses.

In Science we are finishing a unit on

erosion. We will be beginning a unit on rocks. Are there any rock enthusiasts out there? We would love to have someone in the community come and share their knowledge or collection. Please contact the Pickering school if you are interested.

Social Studies has us learning about Early People of Missouri. We will also discuss the Louisiana Purchase, and early explorers such as Lewis and Clark. There are many websites dedicated to this and we will enjoy them as a class.

North Nodaway Professional Development

By: Belinda Von Behren

The 2006-2007 school year is well underway and the faculty and staff at North Nodaway are again, using their Wednesday morning professional development time to improve student learning. We are currently meeting at the Elementary building in Pickering, and will start the second quarter in Hopkins.

Last year, after carefully analyzing student data, we made the choice to focus, as a District, on the process standard compare and contrast. The work that was done by all teachers led us to begin our Wednesday morning time with a book study called *Better Answers*. Teachers are implementing the writing formula presented in the book in their classrooms across the curriculum in hopes that the students will hear the same language and have the same expectations in writing no matter what class they are in or what the subject matter is.

On September 20, we spent the morning making the connection from what we had learned in our circles about the *Better Answers* formula

MS Science Has Busy Year

by: Ashley Still

Mr. Todd Mason is the North Nodaway Middle School science teacher and boy is he busy! He teaches four different middle school classes.

One of Mr. Mason's classes is Sixth Grade Science. That class consists of eighteen students. Right now the Sixth Grade Science class is studying environmental science, which is mostly the environment which comprises of all living and non-living things that occur naturally on Earth. A few examples of things they have studied are climate change, conservation, soil contamination, and pollution. The sixth graders will be studying this through Christmas. Because the students work so hard in class,

and how we were teaching it in our classrooms. The professional development committee led a mock lesson and the staff fired questions, concerns, a-ha's, and successes that they had. That afternoon, we spent some time looking at another process standard, inference, that students struggle with. Since then we have been utilizing the SIP (Standards in Practice) process on Wednesday mornings. The key is looking at student work, not to grade it, but to improve our teaching. We are able to discuss what is working, what is not, instructional strategies that we are using, student successes and more within our circles.

Carla Vore and Catherine Auffert led Confidentiality training for us on Wednesday, October 11. This is required by the state and is a good reminder of the steps and procedures of the Special Education Department. Bedford School District invited us to attend their professional development day on Friday, October 13, where Todd Whitaker was the speaker. He is a past North Nodaway High School Principal, author and nationally known motivational speaker. He talked on "What Great Teachers do Differently."

Student learning and student data are what drive the focus of our Professional Development. MAP data from the testing the students did at the end of last year will be available soon. We are anxious to analyze this data and will be sharing individual student reports with parents at 1st quarter conferences.

The Professional Development Committee and the Administration are involved in an Instructional Leadership Training, offered through the Northwest Regional Professional Development Center at NWMSU, to enhance our professional development program. They have also worked together to apply for the Commissioner's Award for Excellence in Professional Development. We are able to apply because of the unique opportunity we have to impact student achievement through our professional development.

to see hundreds of different kinds of wildlife. This field trip will be occurring in December before Christmas break.

They better enjoy it, because after Christmas break it's time for "Maps Boot Camp," as Mr. Mason calls it. Mr. Mason will be reviewing with the class everything they have learned since fourth grade so they will be more prepared for the Map Testing in March.

The Eight Grade Science Class is also taught by Mr. Mason. This class is consisted of sixteen students too. The eighth graders have been

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Continued on Page 6

Mustangs Suffer First Loss to Panthers

By: Doug McKee

On Friday the 13th in October, the Mustangs took their first loss of the season to the Mound City Panthers. This was a much anticipated game as the Panthers were also undefeated and ranked number one in the state.

At the beginning of the game it was looking like it was going to be a game of defense as neither team could seem to put up any points on their first two drives. But in the last 3 minutes of the 1st quarter, the Panthers found the end zone twice before time could expire. In the 2nd quarter the Mustangs scored twice. The first score coming from a 45 yard punt return by Jace Randle and the second score coming from a 14 yard run by Quent Blackford. At the end of the half the Panthers were leading 16-14.

Starting the 2nd half the Mustangs

Mustangs Break Trend, Beat Knights

by: Joshua Bix

The Mustangs played on the road against the South Holt Knights trying to find a way to break the losing trend against the Knights. The game turned out to be a blow out in the Mustangs favor, 72-16.

During the first quarter Quent Blackford rushed 29 yards for the first touchdown. Shawn Frueh then went into the end zone for the second touchdown on a 6 yard run. For the last touchdown of the quarter, Jacob Greeley connected for 6 points with Blackford on a 26 yard pass. At the end of the first quarter the score was Mustangs 21, Knights 0.

Five minutes into the second quarter Frueh rushed in for his second touchdown on a 7 yard run. To end the second quarter Greeley threw a 25 yard pass to Jace Randle for the last score of the half. The halftime score was Mustangs 35, Knights 14.

During the third quarter, the Mustangs received the ball and set up a

got the ball first. They marched down the field and Jacob Greeley connected with receiver Justin Markley in the end zone for a 10 yard touchdown pass. That was the final touchdown of the Mustangs as Mound City went on to score two more touchdowns before the game was over. That completed the game as Mustangs dropped their first game 20-38.

Shawn Frueh had 67 yards rushing on 17 attempts, Blackford ran the ball 8 times for 45 yards and a touchdown. Greeley threw 18 passes completing only 3 and a touchdown.

On the defensive side Blackford piled up 24 tackles, as Ben McIntyre had 22 tackles. Bryan Hamilton, Brett Henggeler, and Doug McKee each had one sack.

scoring opportunity. Greeley threw to Randle for his second touchdown on a 37 yard pass. Frueh took the ball in for the next three scores on 24, 4, and 7 yard runs. For the last score, Frueh scored his 6th touchdown. At the end of the game the final score was 72-16.

Frueh was the leading rusher of the game putting up 179 yards on 22 attempts and 6 touchdowns. Greeley completed 11-17 for 180 yards and 3 touchdowns. Randle had 73 yards on 4 receptions and 2 touchdowns. Blackford had 73 yards on 3 receptions and one touchdown.

On the defensive side Justin Markley and Randle both had one interception while Blackford blocked a punt. The leading tacklers were McKee with 8 tackles and 1 ½ sacks, Blackford with 9 tackles, and Ben McIntyre and Hamilton both had 7 tackles and one sack each.

Mustangs Blow Out Nodaway Holt

by: Shawn Frueh

The North Nodaway Mustangs came out with a win for homecoming defeating the Nodaway Holt Trojans, 49-0.

It was North Nodaway homecoming and they played extremely well against Nodaway Holt. Leading the rushing for the Mustangs was Shawn Frueh with 62 rushing yards and Quent Blackford with 61. Greeley had 198 yards passing. His leading receiver was Randle with 104 yards. The Mustangs defense was once again excellent, only giving up 40 yards.

JH Loses to Knights

By: Joshua Bix

The JH football boys played their last game against the South Holt Knights.

In the 1st quarter, the Mustangs scored on a 50 yard run by Zach Gladman. During the 2nd quarter, the Mustangs scored again on an 11 yard run by Travis Koster and then Coby Cross converted for two points.

During the third quarter, Koster ran 50 yards for another score and Cross again converted for two points. In the last quarter Cross scored on a 6 yard run to finish off the game.

The final score was Mustangs 28, Knights 56.

JH Falls to Worth County

By Shawn Frueh

The Junior High Mustangs fell to Worth County 0-56. In the first half, the Mustangs could not get on the score board, but the Tigers put up 40 points. In the 2nd half the Mustangs defense stepped up and held Worth County to only 16 points. Coby Cross led the rushing attack with 60 yards while Aaron Wallace led in tackling with 8 tackles.

JH Takes On Bulldogs

By: Doug McKee

The North Nodaway Jr. High Football team traveled to Stanberry on Monday, September 25th. The Mustangs were compiled with injuries, and lost their starting quarterback, Derry DeMott and starting running back, Aaron Wallace. The game was called during the 3rd quarter with the Mustangs losing the game 0-50.

Leading tacklers were Coby Cross, 10; Travis Hicks, 5; and Travis Koster, 4. Cross was also the leading rusher for the Mustangs, as he carried the ball 8 times for 12 yards.

Following the Junior High game. The North Nodaway Junior Varsity took on Stanberry's Junior Varsity. The boys played a close game coming up short in the end, and lost the game 20-22.

Ladies Beat Cardinals

By: Joshua Bix

The Lady Tangs went to North Andrew to play against the Cardinals and came away with a 6-5 victory. The Lady Tangs came out on offense during the first inning and put up two runs. Emily Murphy went 3-5, with an RBI while Traci DeMott also went 3-5 and had an RBI.

The Lady Tangs defense played well and didn't give up any runs until the 3rd and 5th innings. The Tangs then had to go into three extra innings against the Cardinals. They scored their final run in the 10th inning to bring home the victory.

Mustangs Finish Season at Districts

By: Doug McKee

The Mustang Softball girls finished off their season at the District Tournament held at Jefferson High School. The Mustangs, who were the 5th seed, took on 4th seed North Harrison. The Mustangs took the game 8-4, upsetting higher seeded North Harrison. Cortni Livengood led the way hitting 2-4 with 4 runs and Emily Murphy went 2-3 with 2 runs. Livengood gave up only 3 hits and had a total of 8 strikeouts.

In their 2nd game of districts the girls ended their season with a score of 0-7 allowing the Jefferson Eagles to advance to finals. Mustangs totaled 5 hits by Kylie Schluter, Morgan Wood, Natasha Blackford, Brandi Glidden, and Emily Murphy.

The softball team averaged a .233 batting average and scored 79 runs on 100 hits. On defense, the ladies allowed only 78 runs all year. The girls finished the season 9-9.



Freshman Jason DeMott scrambles from a Stanberry Defender

Tangs Out-play Tigers

By Shawn Frueh

The North Nodaway Mustangs took home a win over the Dekalb Lady Tigers. The Mustangs won the game 9-5.

Natasha Blackford went 4-5 batting. Kara Nicholson led the Mustangs with 3 RBIs. Livengood had 11 strikeouts and allowed 5 runs on 7 hits.

Lady Mustangs Struggle at Stanberry Tournament

By: Jace Randle

The North Nodaway Lady Mustangs started off the Stanberry Tournament by defeating the North Andrew Cardinals 6-2. The Mustangs offense was led by Cortni Livengood, going 2-4 with 1 RBI, Morgan Wood went 2-3 with 2 RBI's and Kylie Schluter went 1-2 with 1 RBI. The Mustangs defense held strong giving up 2 runs on 4 hits and no errors.

The second game of the day was a little shakier for the Mustangs as they faced the Tri-County Mustangs. The girls' offense wasn't as strong for this game as the first game, only coming up with 5 runs on 3 hits. Leading batters for North Nodaway were Karie Ogle 1-2 with 1 RBI, Wood was 1-3 with 1 RBI. The defense for the Lady Mustangs was a little loose allowing 9 runs on 8 hits and 3 errors.

The last game of the day was short-lived by the Mustangs as they took on the Stanberry Bulldogs. The ending score of the game was 0-6 with the Bulldogs bringing home the victory. Livengood and Natasha Blackford added the only two hits for the Mustangs each going 1-3. North Nodaway had a rough day on defense allowing 6 runs on 9 hits and 3 errors.

English in the Classroom

by: Kayla Young

High school English classes are going by fast this year. There is so much already done and much more to do. Mrs. Dewhirst keeps busy with all seven of her classes.

Language Arts I is a class made up of freshmen. The class recently learned about spine tinglers, which are suspenseful and scary stories. With that, they read a book by Daphne Du Marier entitled The Birds. They also watched the movie by Alfred Hitchcock called "The Birds."

Currently, Language Arts II, a sophomore class, is writing in connection with grammar. They are going over paragraphing, topic sentences, introductions, and controversial topics; such as the dress code and extracurricular activities. You might as well say they are preparing for term papers!

Language Arts III is a class consisting of juniors. They recently learned about transitive and intransitive verbs. They are also preparing for the ACT as far as highlighting useful information and doing practice problems.

Language Arts IV, a senior class, started the year with English literature. They recently finished reading "The Canterbury Tales," written by Geoffrey Chaucer. Through reading this they have learned of different types of stories and completed a number of graphic organizers!

There are twelve people on the Forensics team. At the Central novice tournament, Jade Ogle and Kaylee Stump participated in storytelling, with Jade receiving 7th place. Also attending were Megan Frueh as a judge and Jesse Birkenholz. Speech class is made up of four students this year. They have been learning the aspects of speech, including nonverbal communication.

This year, Publications has seven students. On September 27th, the class, along with Mrs. Dewhirst, attended a Conference Seminar in St. Joseph. The yearbook this year will be sponsored by Jostens and will be in all color! The theme is "Memories of the Past, Dreams of the Future."

As you can see, the English students and Mrs. Dewhirst have a busy year ahead of them. There is always too much to learn in too little time!

Homecoming Royalty



Top (left to right)
 King Shawn Frueh and Queen Traci DeMott;
 Sophomores Brandi Glidden and Brett Heng-
 geler; Seniors Traci DeMott and Doug McK-
 ee

Bottom (left to right)
 Freshmen Natasha Blackford and Justin
 Baldwin; Juniors Emily Murphy and Quent
 Blackford; Seniors Cortni Livengood and
 Jace Randle; Seniors Casey O'Grady and
 Shawn Frueh



MS Science, Continued from page 3 studying about weather and climate. They've learned about the different kinds of weather such as snow, wind, rain, and even lightning. The class also learned the difference between weather and climate. To help understand weather, they students were able to make an anemometer, which is used to measure wind speed.

The last middle school class Mr. Mason teaches is Life Skills, which includes only the seventh graders. The students are taught communication skills, relationship skills with friends and family, study skills, and social skills. This class mainly teaches you about life and all the skills you need to succeed in life. Knowing how to communicate and knowing how to study are very important.

FCCLA - Bettering the Community

By: Holly Nicholson & Megann Davis

MS/HS FCCLA members will be doing a lot of interesting things this year. The officers, chosen by the members, are Traci DeMott and Brooke Florea as Presidents, Megan Frueh and Karie Ogle as Vice Presidents, Kaitlyn Woods as Secretary, Kaitlin Drobny as Treasurer, and Kylie Schluter and Natasha Blackford as Historians.

As a tradition in FCCLA they have special fundraisers for certain holidays. These holidays are Thanksgiving and Valentine's Day. For Thanksgiving the members sell rolls, their biggest fundraiser. All the members put a lot of their time and effort into making the homemade rolls. For Valentine's Day FCCLA members sell carnations to members of the community and students.

This year FCCLA will be doing many community service projects. One of the projects will be "Filling Baby Bottles." "Filling Baby Bottles" is a project where the members set out baby bottles so people in the community and the schools can put money in them.

Another service project is "Give a Gift to a Family." FCCLA members will get a name off the tree at the court house and select presents for children that don't receive many gifts during the holiday season. The FCCLA chapter recently brought in items for the YWCA.

On October 11, the chapter traveled to Maryville for their Region 1 FCCLA Meeting. The guest speaker for the day was Mr. Kirk Elmquist. He spoke about avoiding negative people and situations, and always remaining positive. He stated that we are the future and that our compass is leading us in the right direction. For the entertainment the students enjoyed hypnotist, Monty Straughton. Two of our own FCCLA chapter were hypnotized; Megann Davis and Kara Nicholson. Everyone seemed to have a good time and learned a lot from our inspirational speaker.

So as you can see the FCCLA members will have their hands full with all of this year's fundraisers and community service projects.

Mustang Metro Staff
Sponsor: Ms. Kenna Wilmes
Editor in Chief: Megann Davis
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Journalists: Joshua Bix, Jacob Greeley, Shawn Frueh, Holly Nicholson, Elizabeth Cossins, Justin Markley, Kayla Young, Quent Blackford, Doug McKee, Cody Schimming

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER CALENDAR			1	2 JH BB Tarkio @ Home- 5:30	3 HS FB @ West Nodaway- 7:00	4
5	6 JH BB Mound City @ Home- 5:30	7 Family Reading Night- 6:30-8 JH BB @ St. Gregory's 5:30 SUCCESS Adv. Council Mtg. 5:45	8	9 KC Wolf Elem.-9 a.m. MS/HS 10:30 AM JH BB @ West Nodaway-5:30	10	11
12	13 SUCCESS Airplane Program 7p.m. @ HS	14 Family Reading Night 6:30-8 JH Tourny @ NEN	15 JH Tourny @ NEN	16 Bronco Bookworm 5:30 JH Tourny @ NEN	17 JH Tourny @ NEN	18 JH Tourny @ NEN
19	20 JH BB @ Nod. Holt- 5:30	21 HS BB @ Jefferson JV 5 pm V 6:30	22 No School	23 No School Thanksgiving!	24 No School	25
26	27 Elem. Mark Twain Book Club 5:30 pm HS Tourny @ Albany	28 Family Reading Night 6:30-8 MS Mark Twain Book Club 5:30 pm HS Tourny @ Albany	29 HS Tourny @ Albany	30 SUCCESS Rainforest Adventure 7pm @ HS HS Tourny @ Albany		

Monday	Tuesday	Wednesday	Thursday	Friday
NOVEMBER MENUS		1 B: Glazed Donut, Fruit, Juice, Milk L: Spaghetti w/ Meat Sauce OR Hamburger on Bun, Garlic Toast, Broccoli & Cheese, Chips, Pudding, Applesauce, Milk	2 B: Pancakes w/ Syrup, Fruit, Juice, Milk L: Ham OR Turkey & Cheese Sandwich, Macaroni & Cheese, Hot Rolls, Green Beans, Chips, Sunshine Pasta Salad, Pears, Jello, Milk	3 B: Sliced Ham, Hashbrown Pattie, Toast, Fruit, Juice, Milk L: Stuffed Baked Potato OR Cheeseburger, Chips, Asst. Vegetables, Asst. Salads, Asst. Fruits, Brownie, Milk
6 B: Asst. Cereal, Cinnamon Toast, Fruit, Juice, Milk L: Frito Chili Pie OR Hot Dog on Bun, Chips, Corn, Applesauce, Lettuce Salad, Cookie, Milk	7 B: Biscuits & Gravy, Fruit, Juice, Milk L: Chicken Pattie on Bun OR BBQ Ribette on Bun, Potato Wedges, Hot Vegetable, Apricots, Lettuce Salad, Rocket Pop, Milk	8 B: Glazed Donut, Fruit, Juice, Milk L: Pizza OR Cheeseburger, Chips, Bread, California Mix w/ Cheese, Apples, Lettuce Salad, Yellow Cake, Milk	9 B: Waffles, Fruit, Juice, Milk L: Chicken 'n' Noodles OR Ham & Cheese, Whipped Potatoes, Hot Rolls, Green Beans, Chop Chop Salad, Pineapple, Granola Bar, Milk	10 B: Breakfast Wrap, Fruit, Juice, Milk L: Taco Salad OR Sandwiches, Chips, Savory Rice, Fresh Carrots, Dip, Asst. Fruit, Milk
13 B: Scrambled Eggs, Toast, Hashbrown Pattie, Fruit, Juice, Milk L: Corndog OR Chicken Salad Sandwich, Hashbrowns, Mixed Vegetables, Peaches, Macaroni Salad, Shape Ups, Milk	14 B: Biscuits and Gravy, Fruit, Juice, Milk L: Submarine Sandwich OR Pork Fritter on Bun, Macaroni & Cheese, Lettuce Salad, Pears, Jello Cake, Milk	15 B: Glazed Donut, Fruit, Juice, Milk L: Cheeseburger OR BBQ Ribette on Bun, French Fries, Peas, Lettuce Salad, Cottage Cheese, Pineapple, Milk	16 B: Asst. Cereals, Cinnamon Toast, Fruit, Juice, Milk L: Sliced Turkey OR Tuna Salad Sandwich, Mashed Potatoes & Gravy, Hot Rolls, Green Beans, Chips, Applesauce, Cole Slaw, Dessert, Milk	17 B: French Toast, Fruit, Juice, Milk L: Nacho Supreme OR Polish Sausage on Bun, Corn, Spanish Rice, Chips, Asst. Salads, Asst. Fruit, Milk
20 B: Asst. Cereal, Donut Holes, Fruit, Juice, Milk L: Burrito OR Hot Dog on Bun, Chips, Peas, Refried Beans, Mixed Fruit, Three Bean Salad, Cinnamon Roll, Milk	21 B: Egg, Cheese & Ham on Biscuit, Fruit, Juice, Milk L: Popcorn Chicken OR Hamburger on Bun, Tri Tator, Baked Beans, Applesauce, Lettuce Salad, Cobbler, Milk	22 NO SCHOOL	23 NO SCHOOL HAPPY THANKSGIVING	24 NO SCHOOL
27 B: Asst. Cereal, Cinnamon Toast, Fruit, Juice, Milk L: Pizza OR Fish and Cheese Sandwich, Corn, Chips, Apricots, Cookie, Salad, Milk	28 B: Biscuits and Gravy, Fruit, Juice, Milk L: Chicken Pattie on Bun OR Sloppy Joe on Bun, Macaroni & Cheese, Peas & Carrots, Lettuce Salad, Grapes, Granola Bar, Milk	29 B: Glazed Donut, Fruit, Juice, Milk L: Grilled Cheese OR BBQ Ribette on Bun, Tomato Soup, Chips, Pasta Salad, Pears, Pudding, Milk	30 B: Poptart, Fruit, Juice, Milk L: Chicken Fried Steak OR Sandwiches, Whipped Potatoes, Gravy, Green Beans, Hot Rolls, Applesauce, Sunshine Pasta Salad, Milk	

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We will provide a challenging curriculum in a positive learning environment, which supports individual and community needs, while promoting lifelong learning.