



# Mustang Metro



Serving North Nodaway R-VI School District  
Hopkins ❖ Pickering

November 2005

Volume 2, Issue 3

## The FFA Travels to Louisville Kentucky

by: Nacaela Greeley

The North Nodaway FFA chapter traveled to Louisville, Kentucky to attend the 78<sup>th</sup> Annual National FFA Convention. The members attending the convention were Nacaela Greeley, DeWayne McIntyre, Karie Ogle, Megan Frueh, Kaitlyn Woods, Kaylee Stump, Casey O'Grady, and advisor, Jeremy Lacy.

The chapter departed from Hopkins on Tuesday, October 25<sup>th</sup> at 8:00 to begin the journey to Kentucky. On Wednesday, students traveled to Church Hill Downs for a morning tour. That afternoon, the chapter toured Louisville Slugger and attended the opening session of the Convention. The National FFA Officers led opening ceremonies.

The next morning, the group traveled to Huber Orchard and Winery in Starlight, Indiana. While there, they toured and could purchase different things such as breads, fruit, and ice cream. That afternoon, they attended the second session and went to the career show. During the second session Major General Arnold Fields spoke about his life experiences in the military.

On Friday morning, the chapter toured the Thomas Edison Home

and also attended the career show and a leadership session. The speaker at the leadership session was Amanda Gore who motivated FFA members to become adults that are full of energy. That afternoon, they left Louisville to later arrive at St. Louis.

On Saturday morning, the group went to the arch and toured the Anheuser Bush Brewery. Later that morning, the chapter started their long journey home.

While at National

Convention, DeWayne McIntyre competed in the National Extemporaneous Speaking Contest. The Extemporaneous Speaking Contest consists of students drawing three topics and then giving a speech over one of the topics within thirty minutes. The speech has to be eight minutes long and full of persuasive ideas about the topic. McIntyre represented North Nodaway at the national level well.

All of the students enjoyed their trip to Louisville. Freshman Kaitlyn Woods said, "It was awesome." Freshman Karie Ogle said, "I will go again if I get the chance. It was a great experience."



Boy, it's a long way to Louisville!!!



Karie and Casey take time out from the career show to pose for the camera at the 78th annual National FFA Convention in Louisville, Kentucky October 25th through October 29th.

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# Merry Christmas

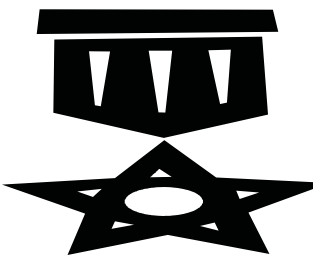
## Distinction in Performance Award for North Nodaway R-VI

by: Mrs Joan Bolon

The North Nodaway R-VI School District was among the 178 Missouri school districts that earned the state's "Distinction in Performance" award. This award recognizes outstanding performances and consistent progress in the areas that are measured by the states school accreditation standards: MAP tests, ACT scores, attendance, and drop out rates, etc...

"The Distinction in Performance Award is a prestigious honor for Missouri school districts. It requires districts to demonstrate outstanding achievement or consistent improvement in multiple areas. The entire community should be proud of its public school for earning this honor," said Commissioner of Education, Dr. Kent King.

To qualify for this award this year, K-12 students had to meet 11 out of 12 standards (at least 91 out of



100 possible points), including all of the MAP based measures. North Nodaway received 93 out of 100 possible points.

Under the state's accreditation process, school districts are formally evaluated once every five years, according to the State Board of Education standards. The Distinction

in Performance award is based on the same performance criteria used in the accreditation review process. The award, however, represents a one year snapshot of a district's overall academic performance.

State education officials will formerly recognize each of the winning school districts during a series of regional banquets this winter. According to Mrs. Joan Bolon, North Nodaway superintendent, "This award certainly recognizes the hard work and effort of the students, staff, and parents of North Nodaway."



## Nurse's News

### 12 Ways to Get Your Kids to Try New Foods



1. **ONE STEP AT A TIME** - Offer just one new food at a time. let the child know in advance it is sweet, salty, or sour.

2. **A TASTE IS JUST A TASTE** - Let your child decide the amount to try. A "taste" can be as small as 1/2 teaspoon.

3. **WHAT GOES IN, MAY COME OUT...AND THAT'S OKAY** - Recent studies indicate young children are more likely to try a new food if they have the option of not swallowing it. Show children how to carefully spit the food into a napkin if they decide they don't want to swallow it.

4. **IF AT FIRST YOU DON'T SUCCEED...TRY, TRY AGAIN** - Many children must be offered a

food 8-10 times before they may try it. Don't give up and continue to offer the new food.

5. **BE A ROLE MODEL** - Imitation is a powerful force in learning. If you want a child to try a new food make sure they see you eating it.

6. **CAPITALIZE ON "FOOD TASTING" PEERS** - To encourage a reluctant taster, have them sit with friends or siblings that are good tasters when you introduce new foods.

7. **SERVE AN UNFAMILIAR FOOD WITH FAMILIAR ONES** - It increases the likelihood that a child will taste the new food.

8. **COLOR AND TEXTURE MAKE A DIFFERENCE** - Children prefer bright colors and interesting textures. Crunchy fruits and smooth pudding make a nice contrast.

9. **INVOLVE CHILDREN IN THE PREPARATION** - Children are more likely to try a food they

have helped prepare. Even young children can help stir, mash, pour, or measure.

10. **YOU CAN LEAD THEM TO A NEW FOOD...BUT YOU CAN'T MAKE THEM EAT** - Never force a child to try a food. Offer it. If it is not eaten, simply take the food away and present it again at a different time.

11. **PRESENT THE PYRAMID** - Offer new food from all five groups of the Food Guide Pyramid

12. **LESSONS FROM LITERATURE** - Read stories about food to your children. They may be more likely to try a new food that has been introduced in a story.



## First Grade Takes on New Ideas in Reading, Writing, and Mathematics

The first graders in Mrs. Danielle Johnson's class are experiencing some exciting things as they enter into the final weeks of second quarter just before Christmas break.

In spelling class, the first graders are studying sight words and word



First graders are working hard to read their independent reading books during classtime.

families to become terrific readers!!

To practice their reading, students are participating in guided reading groups that allow each of them to read and be instructed on their reading levels. This helps each student to build the basis of proficient reading to last them through the rest

## Parents are Key to Moral Development

by: Dr. Michele Borba

Students with strong morals contribute to a healthy school environment. Teaching morals is a job for *you*, the parent. Remember these tips for raising moral children.

**It doesn't just happen** – Instruct your child in morals important to your family. Then model them because he/she will be watching. To emphasize your standards, say, "Our family uses respectful words," or "We do not cheat."

**It is ongoing** – You may have heard that is children haven't learned something by age 12, they never will. Not true!! It's easier to shape good habits when your child is young, but

of their school career.

In A.R., students are practicing reading at their independent levels. There are several first graders who have achieved the independent reader certification and there are many more who are working hard toward that goal.

Not only are the students reading but they are writing as well. The students have just finished publishing their first personal narrative stories. They are now beginning a correspondence unit and learning how to write letters.

In social studies, the students have just finished studying maps, oceans, continents, and our city, state, and country. They are currently learning diversification as they are studying about Native Americans.

Subtraction's the word in the first grade math class. They are currently learning how to subtract 0 and 1. Also they are learning how to count dimes, count by 2's, and tell time to the hour.

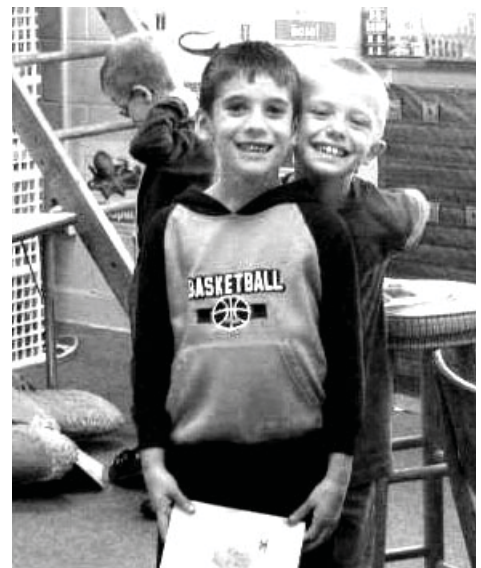
Mrs. Johnson's first graders are busy little workers as they learn new and exciting material at school.

it's never too late. Also remember your child's rate of development. Some children master empathy (putting yourself in "someone else's shoes") by the age of seven. Others aren't ready until 16 or older.

**Your influence is important** – On school of thought says peers are the real "teachers" of a child, but experts disagree. The key is for parents to keep plugging away. If your child has hear often that he/she should never take anything that doesn't belong to him/her, he/she will be able to resist a peer's attempts to get him/her to shoplift "just this once."



After the students have finished their books they take a computerized test over the book and then have Mrs. Johnson check off their readingsheets.



First graders take a break from their strenuous reading to pose for the camera.

**"We worry about what a child will become tomorrow, yet we forget that he is someone today."**

- Stacia Tauscher



# Junior High Hoops

## NN Fight; for a Trophy

by: Megann Davis

The Mustang JH boys team faced the Northeast Nodaway Bluejays for their first tournament of the season.

The Mustangs came out ready to play scoring first with a 3 by Jason DeMott. At the end of the first quarter, the score was 3-2.

In the second quarter, the Mustangs got in foul trouble, allowing the Bluejays to score more points in free throws. At halftime, the score was 13-17. The Mustangs kept up the intensity in the third and fourth quarter, but early in the fourth Jesse Birkeholz fouled out. Later on in the fourth, DeMott also fouled out, giving the Mustangs a slight struggle without their point guard. The final score was 23-33.

Leading in rebounds was Cody Clements with 7 and Birkenholz 5. DeMott also came up with 4 steals and 1 assist and Bix had 3 steals and 2 assists. Top scorers for the Mustangs were DeMott with 17, Birkenholz with 3, Bix with 2, and Clements with 1.

Their second game of the tournament was against the St. Gregory's Falcons. The start of the game was a little slow with the score only being 3-6 at the end of the first. The Mustangs played great defense, holding the Falcons to 0 points in the second and scoring 7. The score at halftime was 10-6. In the start of the third the Mustangs couldn't seem to get any baskets to fall. They were held to scoring 0 points in the third while the Falcons scored 11.

Leading scorers for the Mustangs were DeMott with 8 and Bix with 4. Clements was the leading rebounder for the night, coming down with 10. The final score was 16-21.

The Lady Tangs faced the Northeast Nodaway Bluejays for their first game of the tournament. The Lady Tangs came out with their heads up and never gave up. The leading scorer was Morgan Wood with 5. She was also the leading rebounder, coming down with 6. The Lady Tangs came up short making the final score 9-41.

In the next round the Lady Tangs played the South Nodaway Longhorns. Wood was again the leading scorer for the Lady Tangs scoring 7. She also was the leading rebounder, pulling down 4. The Lady Tangs came up short at the buzzer, with the score being 7-41.

## NN Fall; to Rock Port

by: Brooke Florea

The North Nodaway Junior High Lady Tangs fell short to the Rockport Bluejays on October 27<sup>th</sup>. In the first quarter, the Bluejays took charge scoring 10 points, while the Mustangs only scored 2. By the end of the third quarter, the score was 6-28. The final score was 10-32, with Morgan Wood leading the Mustangs with 4 points. Also scoring for the Mustangs were Jade Ogle, Sara Frueh, and Natasha Blackford, all with 2.

The North Nodaway Junior High Boys were also defeated by the Bluejays. The Mustangs were trailing by 10 points at half time. The Mustangs tried defending the Bluejays, but couldn't quite stop them, and the final score was 16-35. Leading the Mustangs were Jesse Birkenholz, Jason DeMott, and Jared Vore with 4 points each. Also scoring were Cody Bix and Cody Clements with 2.

## Mustang; Take on

### Falcons

by: Doug McKee

The Junior High North Nodaway Mustangs took on the St. Gregory's Falcons on Nov. 8. In the first game, the Mustang girl's team would come up short against the Falcons. The final score was St. Gregory's 30, North Nodaway 5. Scoring for the Mustangs were Morgan Wood, 3 and Jade Ogle, 2.

In the boy's game, the team came up short in the fourth quarter. The final score was Falcons 24, Mustangs 10. Lead scorers for the Mustangs were Jason DeMott, 4, Ethan Larabee, 4, and Coby Cross, 2.

## Tarkio vs. North Nodaway

by: Brent Hendrix

Tarkio played at North Nodaway, on November 3. For the boy's game, Jason Demott led the Mustangs, scoring 14 points, and Jesse Birkenholts scored 5 points. With the Trojans putting up 25 points, they beat the Mustangs with a final score of 23-25.

The Tarkio girls beat the Mustang girls 6-16. Morgan Wood led the Mustangs by scoring all 6 points.

## Mustang; Fall Short to the Rockets

by: Kyle McKee

The junior high boys fell short to the West Nodaway Rockets with a 31-37 loss. Leading scorers for the Mustangs were Jason DeMott with 22 and Jesse Birkenholz with 5.

The junior high girls also fell short to the West Nodaway Rockets 12-20. Leading scorers for the Mustangs were Morgan Wood with 8, Jade Ogle with 2, and Kelly Wallace with 2.

## North Nodaway Honors Fall Athletes

by: Cortni Livengood

On Friday, November 11, North Nodaway held their annual fall awards night. Awards were given out for Junior High and High School cheerleading, softball, and football.

Natasha Blackford won the Super Spirit Award for J.H. football Cheerleading. This award is given to the person who shows the most spirit throughout the season

For HS Cheerleading, Emily Murphy won the Super Spirit Award.

## Mustangs Fight Hard but Come Up Short

by: Jace Randle

The Mustang varsity football team played the worth County Tigers for their third district game on October 28. The Mustangs came out struggling and continues to all night. Although they never gave up the team would fall 8-62.

North Nodaway competed for most of the first half, but couldn't seem to find their way into the end zone. Their first and only points came later in the 4<sup>th</sup> quarter, on a 28 yard pass from Jacob Greeley to Jace Randle. The extra two points were run in by freshman, Cole Fisher. Leading tacklers for the Mustangs were Quent Blackford with 12, Doug McKee, 8, Justin Markley, 8, Jace Randle, 7, and Jacob Greeley, 6.

## JH faces Craig

by: Amber Liechti

On Nov. 1, 2005, the North Nodaway junior high girls played the Craig Hornets at Hopkins. The final score of the game was 7-12. Natasha Blackford scored two points in the 2<sup>nd</sup> quarter. Paige Baker scored 5 points in the 4<sup>th</sup> quarter.

The junior high boys didn't fare any better against a tall Hornet team. The final score was 15-33. Leading scorers for the Mustangs were Jesse Birkenholz with 7 and Bart Oberhauser with 4.

Ashley Still was honored with the Motion Technique Award. Jessica Greene received the Buddy Award while Holly Nicholson received the Most Improved award.

Following the cheerleading awards, Coach Travis Dimmitt and Coach Kenna Wilmes gave awards to the J.H. softball girls. Although the girls did not have a team this year, the coaches stressed the importance of practicing and preparing for next year.



Varsity Softball players are recognized by Coaches Dimmitt and Wilmes

Many special awards were given to the high school softball team. Brittney Baker was named Offensive MVP while Nacaela Greeley was honored with Defensive MVP honors. Traci DeMott and Jessica Greene were the team's rising stars. Emily Murphy and Lindsey Kreps received the Hustle and Heart Awards for their persistence and determination during games and practice. Cortni Livengood was chosen as Team MVP for the 2005 softball season. Conference and District awards were also announced. Kreps, Greeley, Baker, and Livengood all were chosen for the All-Conference team, while Greeley, Baker, and Livengood were chosen for the All-District team.

Coach Todd Mason honored the Junior High Football team and their winning season. Individual awards recipients were Most Improved - Jared Vore and Joseph Frueh; Rising Stars - Cody Bix, Bart Oberhauser, and Drew Devine; Offensive MVP - Justin Baldwin; Defensive MVP - Jesse Birkenholz; Most Inspirational

- Derry DeMott and Will Fisher; Team MVP - Jason DeMott. Recognition was also given to the managers, Carl Mason and Joel Baldwin.

The last awards for the night were to honor the High School football team. Coach Jeff Blackford talked about the season the team had and despite the record, the team fought hard and made great strides. There were many special awards given out. The first award was given to Ben McIntyre for Scout Squad,

while Cody Schimming received the Special Teams award. Rising Star went to Jacob Greeley and the Trench award was given to Andrew Wermelskirchen. Offensive MVP was given to Shawn Frueh; Defensive MVP was given to Quent Blackford; and team MVP was given to Jace Randle. Randle was also named player of the game by KKBZ during the Fairfax game. Receiving All-Conference honors were Blackford and Randle. Receiving All-District honors were Randle, Blackford, and Doug McKee.

The football boys also presented a football that had been autographed by the entire team for Louis Birkenholz for donating the hog for the hog roast to raise money for new uniforms for next year.



## Literature in the Classroom

by: Brittney Baker

High School Language Arts at North Nodaway is going good and fast. Mrs. Dewhirst stays busy with all of her classes.

Currently, Forensics/Speech Contest is doing well. There are two students in the class and three are participating on an extra curricular basis. They have gone to two contests at Lafayette and Savannah. The team took home two medals and a second-place trophy from those two tournaments.

Language Arts IV is a senior class. They are finishing with William Shakespeare's, Macbeth and hope to watch the video of both Macbeth and Hamlet.

American Literature is studied by the juniors in Language Arts III. They are reading selections from the literary period from 1800-1870. The students seem to enjoy Lowell's "Psalm of Life," that says humans leave "footprints in the sand of time."

Language Arts II is a required sophomore class. Debates over hunting seem to be what the students enjoy. The students like to argue. Currently they are watching the play Twelve Angry Men, a story of a jury

deliberation for a boy accused of killing his father.

For the freshmen, Language Arts I is reading a literature unit that deals with a lot of humor. Students just had a creative writing assignment where they came up with five original words and wrote a story using those words.

Speech, a class of all senior boys is studying organization for speeches. They have given informational speeches about hunting and Halloween. Soon, the students will be turning to demonstration speeches.

The yearbook is a work in progress. The Publications Class is very busy with only four juniors and Mr. Thompson. All together, they are working on the year book for the 2005-2006 year, "Weathering the Storm." A new addition to the year book this year is eight pages of color and a year-in-review supplement. The class is excited to get on the computers to start the yearbook pages!

This year in the Language Arts room is hectic but overall things are getting done, and the yearbook should be a bang.

## FFA Undertakes Many Projects

by: Lindsey Krep & Nacaela Greeley

The North Nodaway FFA Chapter accomplished many projects this summer and school year. They started off the new school year by helping the Methodist Church run a concession stand at the Hopkins Picnic. Each student signed up for a time block and helped serve the community. This project brought in a good amount of money for the chapter.

The chapter started their annual fruit and other food products fundraiser during October and November. They set a goal to make \$8,000 dollar as an organization. The students worked hard and made

well over \$8,000. They would like to thank the community for their orders. The fruit will be delivered around the second week in December.

The organization went to Northwest Missouri Tech School to attend a leadership session held by the National FFA Secretary, Emily Horton. The group brought back many ideas and leadership skills.

Some of the FFA members raised money and held a funnel cake stand during a football game to pay for their way to National Convention. There were a total of seven students attended. Each member had a good time and it was quite the experience for each one.

## Adding Up Knowledge

by: Traci DeMott

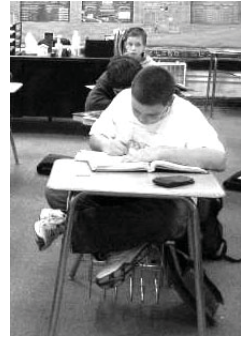
In the Middle School math classes at North Nodaway, the 6<sup>th</sup> grade students are learning how to deal with fractions. They have learned and reviewed how to find a

common denominator for adding and subtracting fractions, and how to convert fractions into decimals or decimals into fractions. They are also working on activities with Venn diagrams.

The 8<sup>th</sup> graders have just finished a chapter dealing with graphing in the coordinate plane. They will be creating a picture using the coordinate plane. Mrs. Koger will have certain points they have to mark and it will create a pictures after they mark the right points. 8<sup>th</sup> graders have also recently designed a quilt block, using their knowledge of translations, reflections, and rotations.

In Accelerated Reading, the students read books and when they're finished, they will take a test on the computer over the book. The test consists of questions that cover the content of the book they read. In life skills, the students have been reading and interpreting graphs.

The 7<sup>th</sup> grade math class is just wrapping up the chapter on multiplying and dividing fractions. They will be taking a test over this unit after enjoying a well deserved Thanksgiving break.



# What I Like About Winter

## Kindergarten

Taylor Combs- Christmas  
Cole Bird- Snowball fights!  
Kaydee Redden- Snow puppies  
Makayla Gigger- Wearing gloves

## 1st Grade

Trevor- Snowboarding  
Kaelan- Sledding  
Austin- Making a huge snowball and throwing it  
at my dad  
Garrett- Having my birthday

## 2nd Grade

Steven Livengood- Making snowmen  
Breann O'Riley- Sledding  
Wyatt Tate- Sledding  
Kade Owens- Snowball fights!  
Mrs. Von Behren- Drinking hot chocolate and  
shopping on snow days.

## 3rd Grade

Carl Mason- Icicles and soft snow  
Courtney martin- Getting to play in the  
snow  
Kim Koch- Going snow-tubing  
Steven Richardson- Deer.

## 4th Grade

Kelby Hansen- Sledding  
Federico Rios- The snow, just the snow.  
Erin Greeley- Snowball fights!!  
Alisha Woods- Me and my sister, we build this

## 5th Grade

Bryson Allen- Snowball fights and riding my  
bike  
Chris Cronk- Riding an inner-tube behind the 4  
wheeler  
Brennon Allen- Sledding down humongous hills  
Jacob Motesinger- Sledding down my big hill

## 6th Grade

Logan Frueh- Snowboarding  
Makayla Gigley- Snow  
Jordyn Pankau- Snow  
Lane Pope- Christmas Break

## 7th Grade

Joseph Frueh- Pig feeder lid sledding  
J.T. Titus- Singing carols  
Devan Devine- Eating Snow  
Derry Demott- Sledding

## 8th Grade

Jason DeMott- Snow  
Jade Ogle- Family  
Jordan Thompson- Sledding  
Kelly Wallace- Spending time with family

## 9th Grade

Megan Gray- Snow  
Darei Findley- Snow  
Brandi Glidden- Sledding  
Erin Mason- Watching the snow fall and my  
birthday  
more free time

## 10th Grade

Seth Thompson- All the yummys food  
Shantel Atkins- Snow  
Quent Blackford- Snowboarding  
Rebecca Piveral- Getting to go on Winter Break




## 11th Grade

Kayla Young- Missing school because of bad  
weather  
Derrick Cheek- Going sledding on snow days  
Ryan Still- Going 3-wheeling/Sledding with Doug  
and Ryan  
Kristin Gray- Hot Chocolate

## 12th Grade

Danielle Woldruff- Drinking hot chocolate and  
cuddling by the fire  
Jonathan- The Snow  
Ryan Vogel- 3-wheeling with my friend Doug  
Makae  
Brittney Baker- Winter break and seeing the  
lights  
Mike McNeely- Eating all the food

# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 HAPPY HANUKKAH			1 Mark Twain Book Club Albany BB Tour- ney (HS)	2 Albany BB Tourney (HS)	3
4	5 JH Basketball @ Fairfax 5:00	6 HS Basketball @ Northeast Nodaway 5:00	7 PTO Meeting	8 JH BB @ Jef- ferson Tourney TBA	9 HS Basketball w/ Rock Port 5:00	10 JH BB @ Jef- ferson Tourney TBA
11	12 JH Basketball @ South Holt 5:00	13 HS Basketball w/ Worth County 5:00	14	15 Bronco Book- worm Club HS BB w/ Al- bany 5:00	16	17
18	19 HS Basketball @ North Andrew 5:00	20	21	22 End 2nd Quarter End 1st Semes- ter	23 NO SCHOOL	24 NO SCHOOL CHRISTMAS EVE
25 NO SCHOOL CHRISTMAS	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL NEW YEAR'S EVE

# December Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>MERRY CHRISTMAS AND HAPPY NEW YEAR!!!!</b>			1 B: Bagel L: Hot Beef Combo, Green Beans, Mixed Fruit	2 B: Blueberry Muffin L: Chicken Strips, Corn, Peaches, Lemon Cookie
5 B: Sausage Patty L: Hamburger on Bun, French Fries, Pears, Chocolate Pudding	6 B: Pancakes L: Chicken Taquitos, Lima Beans, Pineapple-Jello Salad, Rice Krispie Treat	7 B: Poptart L: Pepperoni Pizza, Mixed Vegetables, Peaches, Trail Mix	8 B: Scrambled Eggs/Sausage Links L: Chicken Patty/Gravy, Green Beans, Hot Bread, Apple	9 B: Pizza L: Beef & Noodles, Peas & Carrots, Rosey Applesauce, Brownie
12 B: Banana Muffin L: Potato Bar, Lettuce Salad, Apple pie	13 B: Burrito L: Hamburger Macaroni & Cheese Casserole, Peas, Pineapple	14 B: Breakfast bar L: Burrito, Corn, Cheese Square, Banana Pudding	15 B: Egg/Sausage/Muffin L: Spaghetti & Meat Sauce, Texas Toast, Lettuce Salad, Mandarin Oranges	16 B: PBJ Griller L: Chili Dog on Bun, Jello & Mixed Fruit, Pudding Pop
19 B: Yogurt Cup L: Ravioli, Cottage Cheese, Peaches, Chocolate Chip Cookie	20 B: Waffle L: Baked Ham, Mashed Potatoes/Gravy, Hot Bread, Jello-Applesauce/Topping, Ice Cream Bar	21 B: Danish L: Hot Dog on Bun, Green Beans, Applesauce, Brownie	22 B: Bagel L: Chicken Nuggets, Cheese Square, Celery, Pineapple Chunks	23 NO SCHOOL

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